

Brisbane Schoolgirls' Rowing Association

Sun Protection Policy

1.0 Purpose

Each BSRA member school has its own guidelines addressing sun protection for its participants, and each school is expected to operate within them. This Policy sets the complementary standards that apply across all BSRA events, so that participants, volunteers and officials have consistent sun protection expectations wherever the event is held.

2.0 Standards at BSRA events

1. The wearing of caps or visors during racing as a sun smart practice is highly recommended, consistent with By-Law 33(d).
2. The wearing of shirts under the zootie is an individual preference or as directed by the school.
3. Sleeve length may vary under uniform rules, but where more than one member of a crew chooses to wear a shirt, it must be a consistent colour.
4. Clothing is chosen with both warmth and sun exposure in mind.
5. Where the competition uniform does not provide adequate sun protection, participants apply SPF 30 or higher broad-spectrum, water-resistant sunscreen to all exposed skin and wear covering clothing while participating.
6. Sunglasses, if worn, should meet the Australian standard AS/NZS 1067:2016.
7. When not actively rowing or between events, participants rest in shaded areas or their school tent.

3.0 Volunteers and officials

Volunteers and officials in exposed roles, including parking assistants and umpires, are rotated where practicable, have water available, and are briefed on sun protection expectations before each event, consistent with the Risk Management Plan.

4.0 Related documents

- BSRA By-Laws (By-Law 33(d))
- BSRA Risk Management Plan
- RQ Heat Policy and RA Extreme Heat Recommendations (adopted by reference)

5.0 Version control

Version	Date effective	Approved by	Amendment
1		BSRA Board	Rebuilt as a standalone policy document