

Brisbane Schoolgirls' Rowing Association

Hygiene and Illness Guidelines

1.0 Purpose

These Guidelines set general hygiene and illness expectations across BSRA activities. They refresh guidance first issued during the COVID-19 period in 2020 and generalise it for ordinary seasons. Each member school applies its own health policies and manages its own rowing facilities; these Guidelines set the shared expectations for BSRA events and interschool activity.

2.0 Illness

- Participants, volunteers, officials and staff who are unwell, particularly with fever, gastro or respiratory symptoms, should not attend training or BSRA events until they have recovered
- Schools apply their own exclusion and return policies for their students; BSRA supports those decisions at its events

3.0 Personal and equipment hygiene

- Wash hands or use sanitiser before eating and after handling shared equipment
- Wash rowing suits after every session and bring personal items such as socks and water bottles rather than sharing
- Wipe down shared contact points, including oar handles, ergometer handles and boat surfaces, after use
- Clean inside and outside of boats regularly as part of normal boat care

4.0 Facilities and food areas

- Schools maintain cleaning routines for their own sheds and equipment
- Venue amenities at BSRA events are the venue operator's responsibility; concerns on the day are reported to the Executive Officer
- Food handling at catered activities is managed by schools or venue operators under their own food safety controls

5.0 Communicable disease outbreaks

If a communicable disease outbreak affects the season, BSRA follows current Queensland Health directions and any Rowing Queensland or Rowing Australia guidance, and coordinates event decisions with member schools through the Board. Specific control measures are issued for the period of the outbreak and withdrawn when no longer required.

6.0 Related documents

- BSRA Risk Management Plan
- Member school health and exclusion policies
- Queensland Health guidance as current at the time

7.0 Version control

Version	Date effective	Approved by	Amendment
1		BSRA Board	Rebuilt as a standalone policy document