



# BSRA

BRISBANE SCHOOLGIRLS ROWING ASSOCIATION

## BY LAWS

19 March 2026



Pursuant to Clause 4.3.1 of the BSRA Constitution, the Brisbane Schoolgirls Rowing Association is empowered to make By-Laws consistent with the Rules governing the Association for the orderly management of the Association. The following By-Laws have been adopted.

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## **BSRA Code of Conduct**

All rowers shall compete fairly and competitively, showing respect for their opponents and for the race officials. In particular, they shall be at the start on time and follow the instructions of the officials at all times on the water and within the regatta venue.

## **General By-Laws**

1. It is acknowledged that BSRA is an association of schools formed for the purpose of promoting rowing amongst its member schools.
2. Pursuant to Clause 8 of the BSRA Constitution, the affiliation fee is to be paid annually by each member school by 1 May. The affiliation fee shall be set by the Association at the Annual General Meeting prior to the coming season.
3. Each member school shall be required to affect such insurance as it may consider appropriate from time to time including personal injury for its students, teachers, coaches or supporters, property damage, including third party property and public risk.
4. All BSRA activities will be covered by Public Liability insurance. The vehicle by which cover is affected shall be decided upon at general meeting of the association.
5.
  - a) Written notice of a proposal to amend these by-laws must be given by the proposer to the Executive Officer at least 14 days prior to the meeting at which the proposer intends to move such amendment, except in accordance with By-Law 6(c);
  - b) The Executive Officer shall at least 10 days before the meeting at which the proposed amendment to the by-law is to be submitted, give written notice of the proposal to each of the members;
  - c) It shall not be necessary when giving such written notice that the motion have both a proposer and seconder;
  - d) In the absence of such written notice given to each member, a motion to amend these by-laws will not be considered by the members present at the meeting.



## Regatta By-Laws

Regatta By-Laws shall apply to all lead up regattas and the Head of the River, unless otherwise specifically provided for in a by-law.

### Regatta Committee

- 6.
- a) The Regatta Committee shall comprise the Executive Officer, Rowing Queensland Representative and the Regatta Referee (the Regatta Referee changes weekly). Rowing Coordinators may not serve as school nominees.
  - b) The Regatta Committee is responsible for the orderly conduct of the regattas, for applying the BSRA By-Laws, and the decisions of the Principals, meeting as the Board of Directors.

The responsibility of the Regatta Committee shall include, but not be limited to:

- i) adjudicating disputes and/or protests
  - ii) deciding the cancellation, postponement or other variations to the published program of events
  - iii) communicating decisions made to representatives of member schools
  - iv) where the BSRA Board members are present at the regatta, they should decide the cancellation of Regattas based on the recommendation from the Regatta Committee. In their absence, the Regatta Committee will decide the cancellation of a regatta.
- c) At the Head of the River Regatta, the Regatta Committee will consist of the BSRA Executive Officer, a Rowing Queensland Representative the Regatta Referee and the Chair of the BSRA or the immediate past Chair. In the event that neither the Chair or the past Chair are available, the Chair should nominate their representative from the Board.

### BSRA Executive Committee

- 7.
- a) The BSRA Executive Committee shall comprise of the BSRA Chair, the BSRA Treasurer and the BSRA Executive Officer. The BSRA Executive Committee is empowered to introduce rulings and clarifying statements for the purpose of clarifying any By-Law that is considered to be unworkable or ambiguous.
  - b) The publishing of such rulings, whilst in force, shall have the same effect and carry the same weight as a properly adopted By-Law subject to the following:
    - i) Rowing Coordinators or a person nominated by each member school shall be furnished with a copy of the rulings adopted by the BSRA Executive Committee a clear three working days prior to its implementation at a regatta.
    - ii) A Ruling adopted by the Regatta Committee shall be proposed as an amendment to these By-Laws at the next properly convened meeting of the Association, subject to the Rules governing amendments to By-Laws.



## Format of Regattas

8.
  - a) The date of the Head of the River for the coming season shall be decided upon at a general meeting of the Association in the previous year.
  - b) Lead up regattas shall be hosted by member schools either independently or in conjunction with one or more co-host schools. The order of hosting and dates for regattas shall be decided upon, at a general meeting of the association, in the preceding year.
  - c) The regatta program will be approved by the BSRA Executive Committee each year.
  - d) Lane allocations for all lead up regattas shall be decided by random draw.
  - e) Where an event category is run twice at a regatta, pennants and certificates shall be awarded for the first race only.
9. The Head of the River shall be hosted by the BSRA in conjunction with other bodies as it sees fit.

The venue for the Head of the River for the coming season shall be decided upon, at a general meeting of the Association, in the previous year. This venue can be changed during the season by the BSRA Board should circumstances warrant a change.
10. The regatta program, including the list of events and order of events, shall be set for the entire season at a general meeting of the coordinators subject to the Boards approval.
11. All Year 8 and 9 and single scull races shall be rowed over a distance of 1000m, the Year 10 and Senior Four races over 1500m and the 8+ races over 2000m.
  - a) Where 2000m is not available, 8+s races shall be rowed over the maximum course distance.
  - b) All races for year groups up to and including Year 10 shall be rowed in sculling boats.
  - c) All races for the Senior age groups shall be rowed in sweep-oared boats with the exception of the single scull events.
12. The first race of each regatta shall be scheduled so that the regatta starts at 8:00am. Where possible there will be 5-minute intervals between races and 10 minutes where the race distance is altered. This will enable the race officials to relocate.
13.
  - a) Where there are divisions running two or more heats, and conditions or safety limitations dictate that a final cannot be run, both heats shall be awarded pennants and certificates subject to by-law 8.
  - b) Split races for lead up regattas will be arranged as far as possible with equal numbers of competitors in each race.
  - c) Where an odd number of competitors is entered, the first heat shall contain one more crew than the second heat.



- d) Where conditions or safety limitations dictate, a race may be conducted in heats, with the maximum possible number of competitors being eligible to proceed to semi-finals or finals provided that the "B" final contains a minimum of 2 crews.
  - e) If heats are conducted for placement in the Head of the River Regatta program, the heats will be held only on a buoyed still water course. All races held on buoyed still water courses shall count towards seeding for the Head of the River races. In the consideration of these results the worst placing from each crew will be discarded.
  - f) In the event of a tie for any lane, once the results from the worst race have been removed, lane allocation will be determined by ballot.
14. If a crew desires to withdraw from a race, notice thereof shall be given by a representative of the school concerned not later than 30 minutes before the starting time of the race, to the Regatta Secretary who shall record such withdrawal.
15. No crew or competitor may start in a position other than that drawn for as above except as the Boat Race Official shall determine.

### Entries

- 16.
- a) Entries for regattas are to be entered into Rowing Manager by 5:00pm on the Monday prior to the regatta. Entries for BSRA Head of the River are to be entered into Rowing Manager by 1:00pm on the Saturday prior to the regatta.
  - b) Before the first regatta of the season, each coordinator will enter crews into Rowing Manager on the Rowing Queensland website. Please contact Rowing Queensland for your sign in details. This list will show each crew in each age group that the school intends to race. Coordinators must allocate crews first into Division 1 and second into Division 2 and so on, depending on how many crews the school submits.
  - c) A member school can lodge a protest against the merit of any changes to another school's entries, in writing to the Executive Officer by 5.00pm on the Monday following each regatta. The coordinator of the school whose changes are disputed will be required, by the Executive Officer, to explain in writing, the merit-based reason/s behind any such changes.
  - d) The details of the protest and the relevant coordinator's response will be provided, by the Executive Officer, to the Chair of the BSRA, who will refer it to a protest committee of three school Principals, not being from either of the schools lodging or defending the protest. If the Chair of the BSRA is not the Principal of either the schools lodging or defending the protest, then that Principal can be a member of the protest sub- committee.
  - e) If the protest sub-committee upholds the protest by simple majority, then any crews that are the subject of the protest shall be removed from the results, all pennants, certificates and points awarded towards the Head of the River seeding will be forfeited. The results will not be considered as "the discarded race" under By law 18 (d).



## Regatta Draw

17.

- a) The random draw for starting positions shall be carried out by the Executive Officer of the BSRA, or delegate, by 6.00pm on the Tuesday prior to the regatta. The draw is randomised using Rowing Queensland regatta software.
- b) Should insufficient lanes be available on the course chosen for the Head of the River then, where necessary, the races will be split into “A” and “B” finals with the maximum number of crews possible in the “A”. The placings awarded for the “B” final will commence at the number, one greater than the last placing in the “A” final. The B Final must contain a minimum of 2 crews.

## Crew Seeding

18.

- a) All races in the BSRA lead up regattas will count towards seeding for the Head of the River and lane allocation.
- b) Crews will be allocated seeding points based upon race results i.e. First place = 1 point, Second place = 2 points, and so on.
- c) Crews absent from a race, or do not start/finish, regardless of reason, will be penalised the total count of current member schools, which is equal to last place in full field i.e. 9 points = 9 member schools (2026).
- d) Points will be tallied before Head of the River, with the worst race result deducted from the total. Total points, minus worst result, will be used as the primary ranking score.
- e) Crews will be ranked in their divisions based upon total seeding points. Where there is a tie between crews on primary ranking score, their worst result will be added to the totals to determine rank. If there is a still a tie following the addition of worst result, the preceding regatta race ranking order will be used. If for any reason the ranking is still undetermined following these steps, ranking will be decided by the flip of a coin.
- f) Seeded crews will be allocated lanes at Head of the River as outlined in By Law 19.
- g) See **Appendix E** for more detail.



## Head of the River Lane Allocation

19.

- a) Lane allocations for Head of the River are determined by the number of boats in a race, **as per Appendix A**, where the highest seeded crews are placed in the middle lanes, and the lowest seeded crews are placed in the outside lanes.
- b) For races with an even number of boats (10, 8, 6, 4 or 2), the middle two lanes will be randomly allocated to Seed 1 and 2 (10 boats: Lane 5 or 6, 8 boats: Lane 6 or 7, 6 boats: Lane 7 or 8, 4 boats: Lane 8 or 9, 2 boats: Lane 9 or 10). Each seeding thereafter will be placed on the next available lane on the opposite side of the course in sequential order.
- c) For races with an odd number of boats (9, 7, 5, 3), the middle lane will be allocated to Seed 1 (9 boats: Lane 6, 7 boats: Lane 7, 5 boats: Lane 8, 3 boats: Lane 9). A random allocation of seed 2 and 3 will occur for the lanes either side of Seed 1. Each seeding thereafter will be placed on the next available lane on the opposite side of the course in sequential order.
- d) Invitational crews in any division will not be included in the lane allocation and will be allocated the first available outside lane closet to lane 1 after the regular draw.

20. As soon as possible following the draw for the regatta, a copy of the draw shall be posted on the BSRA website by the Executive Officer and coordinators will be notified.



## Eligibility for Events

21. A competitor must be a student at a member school in Years 8 to 12, be nominated by that member school, and may compete in any event, in which she is eligible to compete.
22. Composite crews are permitted under the following requirements:
- a) Only girls in Year 11/12 are eligible to be entered as **rowers** in Composite Crews, unless substitution is required, where a Year 10 girl may be used.
  - b) Only girls in Year 10-12 are eligible to be **coxswain** of Composite Crews.
  - c) Composite Crews may contain girls from multiple schools.
  - d) If a crew of nine girls, the crew must be entered into the Senior Third Eight race as **invitational**, in furthest empty lane away from lane 1.
  - e) If a crew of five girls, the crew must be entered into the Senior Four race as **invitational**, in furthest empty lane away from lane 1.
  - f) No composite crew is eligible for points, pennants or certificates.
  - g) Composite Crew entry is to be entered into Rowing Manager by 11:00pm on the Monday prior to the regatta.
  - h) Member Schools are to coordinate boat and oar use for the regatta.
23. All competing schools must be affiliated with the BSRA or may compete with written permission from the BSRA Board as an invitation entry. (i.e. not eligible for any prizes).
- 24.
- a) All competitors, including coxswains, must be female.
  - b) There is no minimum weight for coxswains.
- 25.
- a) A girl may compete in the Year 8 category if she is enrolled currently in Year 8 at her member school.
  - b) A girl may compete in the Year 9 category if she is enrolled currently in Year 9 at her member school.
  - c) A girl may compete in the Year 10 category if she is enrolled currently in Year 10 at her member school.
  - d) A girl may compete in the Senior category if she is enrolled currently in Year 11 or Year 12 at her member school.
  - e) All competitors are eligible to compete in the open First VIII subject to by-law 24(f).
  - f) No competitor turning 19 years in the year of competition shall be entitled to compete in schoolgirl events. No coaches and no past students as in By Law 21.



- g) If a reserve or substitute cannot be found, then the boat can be rowed with fewer rowers with the following criteria:
- a. Eights may be rowed with no less than 7 rowers
  - b. Quads may be rowed with no less than 3 rowers
  - c. Fours are not permitted with fewer than 4 rowers.
  - d. All crews must have a coxswain.

26.

- a) Coxswains shall be deemed to be members of the crew and shall be subject to the same age eligibility requirements to compete as all competitors.
- b) Coxswains are eligible to cox up Year levels, not down Year levels. Exemptions are to be granted following the protocol outlined in By-law 29 (g).
- c) Coxswains may compete in more than one age division and more than once in a class of boat at a regatta provided that age eligibility requirements in By-law 25 are satisfied.

27.

- a) An oarsperson may row only once in the same class of boat except where she is competing in an event as a substitute member of a crew referred to in By-law 28.
- b) An oarsperson may row in a regatta in a maximum of three different classes of boats.
- c) An oarsperson may act as substitute only once in any regatta but may row in the same crew if in multiple "rounds".

### Substitutions

28.

- a) A substitute rower must be selected in the following order of priority:
  - (1) **Same age group, lower division** - First choice must be from a lower division within the same age group
  - (2) **One age group down, any division** - If no rower is available in option 1, select from the next age group down (any division)

*Note: Schools must exhaust each option before moving to the next.*
- b) A substitute coxswain may come from either the same age group by lower division or if a school doesn't have a student in a lower division in the same age group, the substitute must come from a lower age group.
- c) Member schools have the right to substitute a coxswain as well as up to 50% of rowers in a nominated crew, or a single sculler without disqualification subject to By-law 28(b). Where a substitution occurs between round 1 and round 2 from the nominated crew (excluding the coxswain) that crew will row by approval of the Regatta Committee
- d) Notice of this change is to be given to the Regatta Committee at least half an hour before that race.
- e) A substitute competitor may not compete in a race for which she is not eligible having regard to the year category rules in By-law 25.



- f) Rowers or Coxswains who are competing in a Year level that do not meet the eligibility requirements as a substitution in a race, will row by invitation and with the permission of the Regatta Committee. Should the member school require this arrangement for the season, a By-law exemption must be sought.

## Divisions & Exemptions

29.

- a) If a member school has one or more than one crew in any year category, then that crew(s) must be entered sequentially from Division one onwards.
- b) Where divisions can be combined to fill 10 lanes, the Executive Officer will do so. These combined divisions will be eligible for pennants in that race in the Lead up regattas. Eg, Year 9 Div 6 and Div 7 will combine, and 1st, 2nd and 3rd place will be awarded irrespective of the original division allocation. These divisions will be separated for the Head of the River EXCEPT where there are fewer than three boats in that division. If the Divisions remain combined for the Head of the River, pennants will be awarded as per the Lead up regattas. If the Division where this occurs is a point scoring race, the school shall allocate which one of their 2 (or more) boats is rowing by Invitation. Eg, Senior 8+ Division 3 and Senior 8+ Division 4 are often combined races at the Head of the River, Senior 8+ Division 4 would therefore row by Invitation.
- c) A member school will be entitled to only one sculler in each single sculling event.
- d) A member school may not enter more than one crew in a division of any year group unless they already have crews entered in every division of that year group.
- e) A boat entry for the Head of the River must have competed at a minimum of 50% of races in the lead-up regattas. If there are an uneven number of races before the Head of the River, then the qualifying number shall be the whole number above half the number of available races. For example, if there are 9 races available then a boat must have participated in 5 races to qualify for the Head of the River. Should a boat not meet this requirement, the school may apply to the BSRA to row “by invitation” and not qualify for pennants, certificates or points.
- f) A competitor at the Head of the River must have competed in a minimum of 50% of prior races in any event. If there are an uneven number of races before the Head of the River, then the qualifying number shall be the whole number above half the number of available races. For example, if there are 9 races available then a competitor must have participated in 5 races to qualify for the Head of the River. Should a competitor not meet this requirement, the school may apply to the BSRA Executive Committee with sufficient evidence for a BSRA By-law exemption. International representatives and single sculls will receive automatic exemption from this requirement.
- g) A school may make a case for an exemption to By-laws 20-27. This request must be submitted to the BSRA Executive Officer. The submission must state the purpose of the request and the year levels and divisions involved. The Executive Officer will circulate the request to all coordinators for feedback, before it is presented to the Executive Committee (the Chair, the Treasurer, and the EO) where a decision will be made. The Board will be advised of the decision at the next Board meeting.



- h) Once an exemption has been granted to a school under By-Law 28 (e) and (f), no further crews may be entered by that school in either of the age divisions involved unless the school subsequently declines the exemption.
- i) Rowing by invitation results in no awarding of pennants, no seeding and no points.

30. A competing sculler or crew:

- a) may be removed from competition in an event at a regatta for breach of these regatta By-laws.
- b) If at the commencement of a race, a sculler or crew false starts they will be given a YELLOW card. If they false start a second time in a race they shall be removed from competition in that event.

31. In the event that a ruling by a Boat Race official is disputed the matter shall be heard by the Regatta Committee and their decision shall be final.

### Equipment

32. All equipment shall conform to that specified in the Rowing Australia laws of boat racing. Particular attention is drawn to those extracts shown in **Appendix B**.

### Clothing and Registered Colours

33.

- a) All members of a crew shall be dressed alike, and all crews shall wear the official rowing kit of their school. The wearing of shirts under the zootie is an individual preference. Sleeve length on a shirt may vary but should more than one member of the crew choose to wear one, it must be a consistent colour.
- b) Coxswains, if carried, may wear warm clothing under the registered colours of their school.
- c) Crews that breach this By-law may be removed from the event.
- d) The wearing of caps or visors during racing as a sun smart practice is highly recommended.



## Laws of Boat Racing

34. Rowing Queensland Boat Race Officials shall be responsible for the on-water conduct of racing except where these By-laws may state otherwise.
- 35.
- a) The Rowing Australia Laws of Boat Racing shall be adopted in full except where not applicable or where these By-laws indicate otherwise. The BSRA Board shall decide on the appropriateness of Rowing Australia Laws of Boat Racing.
  - b) Where a crew is issued with a Yellow card (warning) by the Boat Race Officials, that Yellow card will remain in effect until after the start of the next race in which that crew is entered. Should that crew not have another race at that same regatta, the Yellow card will be noted and carried over to apply in the first race in which that crew is entered at the following regatta. All Yellow cards will automatically expire at the conclusion of the Head of the River Regatta. See **Appendix C** for more detail.
36. The Starting Procedure shall in essence be as specified in the Rowing Australia Laws of Boat Racing. The procedure used for held starts and a modified procedure for unheld starts is attached as **Appendix C** and may be updated from time to time.
37. All boats shall have a BSRA approved lane number affixed to the bow. These numbers will correspond with the lane drawn by that crew/sculler in the official draw.

## Aggregate Trophy

- 38.
- a) An Aggregate Trophy shall be awarded to the school gaining the highest number of points at the Head of the River Regatta.
  - b) Allocation of points shall be in the manner set out in **Appendix D** herein.
  - c) A minimum of 75% of the program must be completed for the awarding of the Aggregate Trophy.

## Age Pennants

- 39.
- a) Age pennants will be presented for Years 8, 9, 10 and Seniors at the Head of the River.
  - b) These pennants will be awarded to the school in each age group that scores the most points in the points scoring divisions.

## Percentage Cup

- 40.
- a) A Percentage Trophy shall be awarded at the Head of the River to the school gaining the highest percentage as calculated by dividing each school's aggregate points score by the female population from Year 8 through 12 inclusive from that school (female population as at 1 August of the competition year). The school that wins the aggregate trophy in any year shall be excluded from the calculation of the Percentage Trophy.
  - b) A minimum of 75% of the program must be completed for the awarding of the Percentage Cup.



## Indoor Rowing Championships

41. The Indoor Rowing Championships are held each year at a date and venue selected by the BSRA. There are individual events and team events for each Year level as well as an all age event. Concept II rowing machines are used for this event and are all set at a common drag setting.

- a) Competitors competing in the year level events must compete in their actual year levels.
- b) Competitors must compete in their school rowing uniforms.
- c) The distances for the individual events are as follows: -

Year 8	500m
Year 9	1000m
Year 10	1000m
Year 11	2000m
Year 12	2000m

The team event consists of a team of five competitors (1 from each Year level) and the all age relay consists of a team of 10 competitors (2 from each Year level).

They are held over the following distances:

Year Level	Total Distance	Individual Distance
Year 8	1000m	200m
Year 9	2500m	500m
Year 10	2500m	500m
Year 11	2500m	500m
Year 12	2500m	500m
All Age Relay	2000m	200m

- d) Each competitor must row an equal distance.
- e) The all age event is raced over a distance of 2000 metres with two competitors from each year level rowing 200 metres each. Competitors must row in ascending year level order (i.e. the two Year 8 competitors first followed by the two Year 9 competitors etc.).



## Appendix A

### Head of the River Lane Allocations

# Crews	Lane:	1	2	3	4	5	6	7	8	9	10
10 Boats	Draw A	9	7	5	3	1	2	4	6	8	10
	Draw B	10	8	6	4	2	1	3	5	7	9
9 Boats	Draw A		9	7	5	3	1	2	4	6	8
	Draw B		8	6	4	2	1	3	5	7	9
8 Boats	Draw A			7	5	3	1	2	4	6	8
	Draw B			8	6	4	2	1	3	5	7
7 Boats	Draw A				7	5	3	1	2	4	6
	Draw B				6	4	2	1	3	5	7
6 Boats	Draw A					5	3	1	2	4	6
	Draw B					6	4	2	1	3	5
5 Boats	Draw A						5	3	1	2	4
	Draw B						4	2	1	3	5
4 Boats	Draw A							3	1	2	4
	Draw B							4	2	1	3
3 Boats	Draw A								3	1	2
	Draw B								2	1	3
2 Boats	Draw A									1	2
	Draw B									2	1

1. Random lane allocation occurs between highlighted crews in division, in turn determining use of Draw A or B.
2. Once drawn, the same draw will apply for all races with those boat numbers across Years 8 to 12 i.e. 9 Lane draw for Open First Eight will be the same for the Year 8 3<sup>rd</sup> Quad.



## Appendix B

### Equipment

1. The construction, design and dimensions of boats and oars shall in principle be unrestricted. Nevertheless, the Association may impose appropriate requirements.
2. The bows of all boats shall be fitted with a white ball 4cm in diameter in soft rubber or similar material unless the bow is so constructed as to afford equivalent protection and visibility.
3. No wireless transmission equipment shall be used, whether for sending or receiving.
4. No substance capable of modifying the natural properties of water shall be applied to the hull.
5. The edges of blades must have a minimum thickness throughout as follows.

Oars	5 millimetres
Sculls	3 millimetres

The thickness shall be measured 3 millimetres from the outer edge of the blade for oars and 2 millimetres for sculls.

6. The use of sliding riggers in any class of boat shall not be allowed.
7. To avoid accidents arising from capsizing, all boats equipped with shoes must have heels ties affixed, which allow the rowers to get clear of the boat without using their hands and with the least possible delay.
8. No drones are permitted at BSRA regattas without approval the BSRA Board.



## Appendix C

### Starting Procedures

1. The Starter informs the crews of the time remaining before the start and tells them in which lane each will race. Competitors must be at their starting positions at least 5 minutes before the time laid down for the start. The Starter may reprimand or issue a Yellow card to any crew arriving at its starting position less than 5 minutes before the starting time. A Yellow card has the same effect as one given for a false start. The Starter may exclude a crew arriving after the start time. The Starter informs the Referee of any Yellow card or exclusion.
2. The Start is not delayed for broken oars, fitting or equipment unless the Umpire in his/her discretion so decides.
3. The Aligner directs the aligning of boats.

### Held Starts (8+ only)

When the Aligner is satisfied that the boats are properly aligned, he/she indicates this to the Starter by raising a white flag. Should correct alignment be lost during the subsequent start procedure, the Aligner lowers the flag.

- a) When the boats are aligned, the Starter shall make a roll call announcing in lane order, the names of the crews in the race.
- b) By the end of the roll call all crews must be straight and sitting ready to race.
- c) Once the roll call begins the Starter will take no notice of any crew, which indicates that it is not ready.
- d) After the roll call, a red light will indicate the race is about to start. The starter shall say "ATTENTION" to indicate the roll call has been completed. He/she shall then raise a red flag.
- e) The Starter shall check that the crews are still aligned and then after a variable pause, the Starter shall give the start command "GO" as the RED light is replaced by a GREEN light. At the same time as the "GO" command and the light change, the starter will quickly lower the flag to one side.
- f) Should the Starter dispense with the roll call due to an interruption or adverse conditions the Starter shall announce that he/she is adopting a "QUICK START" process. They will then say "ATTENTION" prior to raising the red flag . See (v) for the process above.



### Unheld Starts – Side Starts (1X, 4X, 4+)

When the boats are aligned, the Starter shall make a roll call announcing in lane order, the names of the crews in the race.

- a) By the end of the roll call all crews must be straight and sitting ready to race.
- b) Once the roll call begins the Starter will take no notice of any crew, which indicates that it is not ready.
- c) After the roll call, the starter shall say “ATTENTION” to indicate the roll call has been completed. He/she shall then raise a red flag.
- d) The Starter shall check that the crews are still aligned and then after a variable pause, the Starter shall give the start command “GO”. At the same time as the “GO” command, the starter will quickly lower the flag to one side.
- e) Should the Starter dispense with the roll call due to an interruption or adverse conditions the Starter shall announce that he/she is adopting a “QUICK START” process. They will then say “ATTENTION” prior to raising the red flag. See (v) for the process above.

The starting procedure shall be as above except:

- a) The Starter shall take on the position of Starter/Aligner
- b) The Starter/Aligner may dispense with the roll call. The call of “QUICK START” is used instead.
- c) If a roll call is employed, it may take place prior to alignment.
- d) The Starter/Aligner will give the start command “GO” while simultaneously lowering a red flag.
- e) If a crew starts too soon the Aligner informs the Starter and Umpires by waving a red flag and (if the Starter does not acknowledge this immediately) by ringing a bell. The Starter stops the race by ringing a bell and then waving a red flag. After the race has been stopped the Aligner tells the Starter which crew or crews have caused the false start. The decision as to whether one or more crews started too soon is the sole responsibility of the Aligner.
- f) In the case of a false start the Starter issues a Yellow card to the crew or crews at fault when the crews have returned to their starting positions. The Starter excludes from the race a crew causing two false starts.
- g) Should the start for any reason be faulty, the Umpire orders the Starter to stop the race, or stops it by ringing a bell and waving a red flag



## Appendix D

### Aggregate Trophy

1. The point score system detailed below has been recommended to ensure that each competitor, including coxswains, has a fair and equal opportunity of contributing to her school's total.

Division	Class	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
Open First Eight (Y8-12)	8+	90	81	72	63	54	45	36	27	18	9
Senior Second Eight (Y11/12)	8+	90	81	72	63	54	45	36	27	18	9
Senior Third Eight (Y11/12)	8+	90	81	72	63	54	45	36	27	18	9
Senior Four (Y11/12)	4+	50	45	40	35	30	25	20	15	10	5
Year 8/9/10 First Quad	4x+	50	45	40	35	30	25	20	15	10	5
Year 8/9/10 Second Quad	4x+	50	45	40	35	30	25	20	15	10	5
Year 8/9/10 Third Quad	4x+	50	45	40	35	30	25	20	15	10	5
Year 8/9/10 Fourth Quad	4x+	50	45	40	35	30	25	20	15	10	5
Year 8/9/10/11/12 Sculler	1x	10	9	8	7	6	5	4	3	2	1

2. Points for the Aggregate Trophy are awarded in the following manner:
  - Divisions 1 to 3 of the Senior and Open 8+;
  - Division 1 of the Coxed 4;
  - All single scull events (if applicable);
  - Divisions 1 to 4 of Years 8 – 10
3. Each placing is given points according to their finishing position at the Head of the River Regatta.
  - a. The crew that finishes first will be allocated ten (10) points per seat, second nine (9) points per seat and so on.
  - b. This placing is then factored by the number of rowers in the crew. e.g. an eight would receive  $10 \times 9 = 90$  points for first position and likewise, a quad finishing third would receive  $8 \times 5 = 40$  points.
4. This system is designed to provide each girl who competes with an equal contribution to her school's result irrespective of boat class.

No race shall have a preference and all races shall have the same number of points allocated to them.



## Appendix E

### Seeding Points

#### EXAMPLE ONLY of seeding points –

- Reference Appendix A for more information on the following.
- **8 Boat Draw** – 1 invitational crew, therefore deemed 8 Boats, not 9.
- **Draw B** – random between Rank 1 & 2. Rank 1 drew Lane 7, therefore Rank 2 draws 6, Rank 3 draws 8, and so on.
- Invitational crew excluded from main draw and placed in furthest outside lane. This exclusion triggers 8 lane draw, not 9.
- Tally includes 9 races across the season. Regatta 5, Race 2 cancelled due to bad weather.
- Clash in ranking between C & I, both with and without worst result. C had best preceding result, therefore awarded higher rank over I.
- **Note:** Penalty of “10” indicated in the below (this would be the number of member schools)

YEAR GROUP	Regattas											+ Worst			- Worst		Qualification		Checks			Head of the River	
	2024	R1.1	R1.2	R2.1	R2.2	R3.1	R3.2	R4.1	R4.2	R5.1	R5.2	Worst Place	Total	Rank	Total	Rank	Races	Exempt / Inv	Lane Ties (-Worst)	Lane Ties (+Worst)	Manual (EO)	Final Rank	Lane
Example																							
A	7	3	10	10	2	4	4	4	6	x	10	50	6	40	6	7 / 9		OK	OK			6	4
B	6	5	6	6	4	10	1	2	5	x	10	45	3	35	3	8 / 9		OK	OK			3	8
C	1	6	2	10	3	3	10	10	2	x	10	47	4	37	4	6 / 9		NO	NO			4	5
D	10	8	8	5	7	5	6	5	8	x	10	62	7	52	7	8 / 9		OK	OK			7	10
E	10	4	5	10	10	10	10	10	9	x	10						INV						2
F	3	9	7	4	10	10	10	10	7	x	10	70	8	60	8	5 / 9		OK	OK			8	3
G	2	1	1	1	1	1	2	10	1	x	10	20	1	10	1	8 / 9		OK	OK			1	7
H	4	2	3	2	5	2	3	1	3	x	5	25	2	20	2	9 / 9		OK	OK			2	6
I	5	7	4	3	6	10	5	3	4	x	10	47	4	37	4	8 / 9		NO	NO	0.5		5	9

#### BIRDS EYE VIEW LANE DRAW

Lane:	1	2	3	4	5	6	7	8	9	10
Crew:		E	F	A	C	H	G	B	I	D
Rank:		INV	8	6	4	2	1	3	5	7

