

COMPETITOR INFORMATION

EVENT ORDER

5:10	Welcome address	
5:17pm	Year 8 Individual Event	500m
	Presentation of Year 8 Individual	
5:22pm	Year 9 Individual Event	1000m
	Presentation of Year 9 individual	
5:29pm	Year 10 Individual Event	1000m
	Presentation of Year 10 individual	
5:36pm	Year 11 Individual Event	2000m
	Presentation of Year 11 Individual	
5:46pm	Year 12 Individual Event	2000m
	Presentation of Year 12 Individual	
6:00pm	Year 8 Team Event (Teams of 5)	200m each totaling 1000m
	Presentation of Year 8 Teams	
6:10pm	Year 9 Team Event (Teams of 5)	500m each totaling 2500m
	Presentation of Year 9 Teams	
6:35pm	Year 10 Team Event (Teams of 5)	500m each totaling 2500m
	Presentation of Year 10 Teams	
6:50pm	Year 11 Team Event (Teams of 5)	500m each totaling 2500m
	Presentation of Year 11 Teams	
7:05pm	Year 12 Team Event (Teams of 5)	500m each totaling 2500m
	Presentation of Year 12 Teams	
7:20	Concluding address	
7:30pm	All Age Relay (Teams of 10) 2 competitors from each year level in year level order from yr 8 – 12)	200m each totaling 2000m
	Presentation of All Age Relay	
7:45	Departure completed	



Indoor Rowing Championships

ERGO ORDER

The on-stage arrangement (facing the stage from left to right) is as follows:

1. All Hallows
2. Lourdes Hill
3. St Margaret's
4. St Peters Lutheran College
5. Somerville House
6. Brisbane Girls' Grammar School
7. Brisbane State High School
8. Stuartholme

GENERAL INFORMATION

1. Competitors must compete in their actual Year Levels
2. Competitors must not row more than the allocated distance in the team events.
3. A competitor may only row once in a team event.
4. Competitors in the All Age Relay must compete in **Year Level order commencing with Year 8.**
5. Warm up ergo's will be **provided by your school** at the event
6. The ergo warm up area is in front of the delivery lift via Gate 6 up to level 5 – Auditorium level. No more than 2 warm-up ergo's per school please.
7. Access to the competition area must be from Door 4.
8. No person is to enter from the front of the stage.
9. Competitors must be in the marshalling area (Door 4) by the end of the previous race. (See map for marshalling location).
10. Competitors will be led on to stage from stage right in order.
11. Competitors do not warm up on the event ergo's.
12. When competitors are on stage, please do not touch the handle or start the wheel until you are called to sit ready to race.
13. Competitors must not attempt to set or adjust the monitors – it will be remotely reset.
14. The starting instructions are "Sit Ready, Attention, Row"
15. Individual competitors are allowed one supporter from the same year level to accompany them on stage.
16. Competitors who place 1st, 2nd or 3rd will be presented with medals/certificates immediately following their event.
17. All competitors exit the stage via stage left and return to their school designated area.
18. First aid is available near the marshalling area.
19. Food is available for purchase from the Somerville House RSG. The menu will be on the BSRA website.
20. Somerville House have donated the use of this facility to the BSRA for this event. Please be respectful: no standing on seats and place all your rubbish in the bins provided.
21. **Good luck to all competitors. Have a great night 😊**