



## Indoor Rowing Championships

### RESPONSIBILITY OF MARSHALS

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- The main role of the marshal is to monitor the wellbeing of the athletes. If any competitor requires assistance, please bring this to the notice of the officials, who will notify first aid. Located outside the Door4 where the competitors entered the stage (in the marshalling area outside)
- Marshals are positioned to observe the ergo monitor and ensure that competitors are using the equipment safely as they get on/off.
- Marshals ensure that distances are adhered to in team events.
- The on-stage arrangement (facing the stage from left to right) is as follows:
  1. Lourdes Hill
  2. St Margaret's
  3. St Peters Lutheran College
  4. Somerville House
  5. Brisbane Girls' Grammar School
  6. Brisbane State High School
  7. St Hilda's
  8. Stuartholme
  9. All Hallows
- The marshal provided from each school shall be positioned as follows:
  1. Lourdes Hill and St Margaret's– swap
  2. Somerville and SPLC BGGG – swap
  3. BSHS and BGGG BGGG - swap
  4. Stuartholme and All Hallows and BGGG - swap
- Each marshal will wear an identifying yellow vest.
- Chairs will be placed behind each ergo for the marshal's use. Please sit on these chairs between events and move forward to the rear of your machine just before the race commences.
- During the relays, please ensure that the competitors change over at the correct distance (each 500m for the 'age' relays and each 200m for the 'all age' relay). Each competitor should row to their change point and then move off the ergo. It is ok for metres to be gained during the changeover (as the wheel keeps spinning).
- If an ergo is slipping around (as may happen during the relays), the marshal may place a foot on its rear leg to help stabilise its position.
- Please prevent athletes from moving past the front of the ergo's towards the audience. All access must be by the side stage door.

Many thanks for your assistance.

Rachael Kininmonth

BSRA Executive Officer